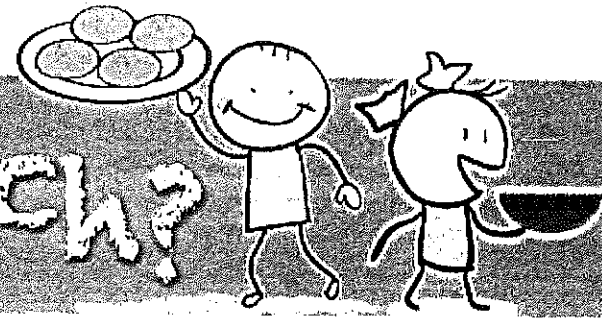


What's For LUNCH?



Menu
Week 1

Choice A
Kickin chili & 50/50 Rice

Choice B
MSC Salmon Fingers

Choice C
Baked potato with filling of the day

Vegetable selection
Creamed Potatoes
Carrot batons
Peas

Dessert
Creamy fruity whip made with organic fresh milk
Selection of fresh fruit
Organic fruit yoghurt

Choice A
Homemade beef burger served in a bap

Choice B
Pasta Roma

Choice C
Baked potato with filling of the day

Vegetable selection
Homemade jacket wedges
Medley of Vegetables

Dessert
Homemade Chocolate sponge & custard made with organic fresh milk
Selection of fruit
Organic fruit yoghurt

Choice A
Homemade Vegetable & lentil curry 50/50 Rice

Choice B
Homemade cheese & red onion quiche

Choice C
Baked potato with filling of the day

Vegetable selection
Baby new potatoes
Sweetcorn
Broccoli

Dessert
Homemade Oaty Biscuit
Selection of fresh fruit
Organic fruit yoghurt

Choice A
Homemade deep meat & potato pie

Choice B
Fresh oven baked Cajun fish

Choice C
Baked potato with filling of the day

Vegetable selection
Creamed potatoes
Sliced carrots
Green Beans

Dessert
Homemade eves pudding & custard made with organic fresh milk
Selection of fresh fruit
Organic fruit yoghurt

Choice A Meat- Free
Chefs choice pizza

Choice B
Vegetarian ravioli and crusty wholemeal bread roll

Choice C
Baked potato with filling of the day

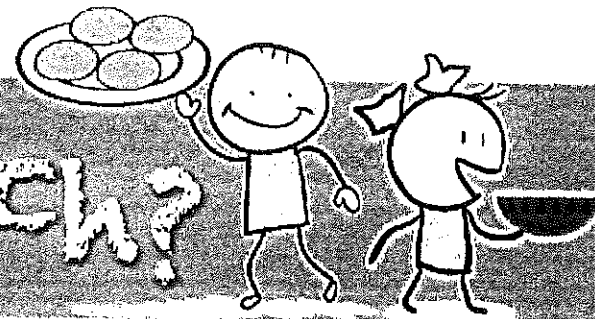
Vegetable selection
Chunky chips
Garden peas
Mixed salad bowl

Dessert
Fruit salad and organic ice cream
Cheese & crackers
Selection of fresh fruit
organic fruit yoghurt

A fresh salad bar is also available daily.



What's For LUNCH?



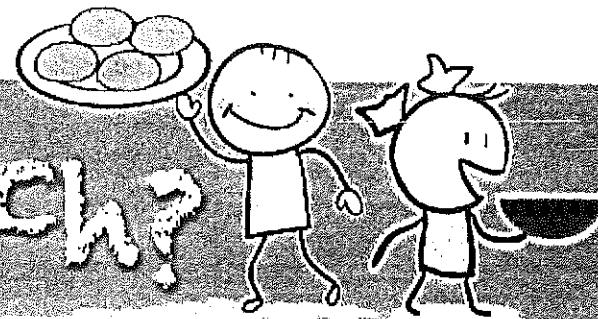
Menu B
Week 2

<p>Choice A Italian inspired spaghetti bolognese</p> <p>Choice B fish Portuguese</p> <p>Choice C Baked potato with filling of the day</p> <p>Vegetable selection New potatoes sweetcorn broccoli</p> <p>Dessert Pear & ginger sponge & custard made with organic fresh milk Selection of fresh fruit Organic fruit yoghurt</p>	<p>Choice A Homemade chunky chicken pie</p> <p>Choice B Tuna & tomato pasta</p> <p>Choice C Baked potato with filling of the day</p> <p>Vegetable selection Homemade herby diced potatoes Sliced carrots Garden peas</p> <p>Dessert Fruit & Jelly Organic fruit yoghurt</p>	<p>Choice A Tuna/cheese tortilla wraps</p> <p>Choice B Homemade cheese & onion pie</p> <p>Choice C Baked potato with filling of the day</p> <p>Vegetable selection Homemade jacket wedges Baked beans</p> <p>Seasonal vegetables</p> <p>Dessert Apple flapjack squares Selection of fresh fruit Organic fruit yoghurt</p>	<p>Choice A Lamb & spinach Balti 50/50 Rice</p> <p>Choice B Msc breaded fishcakes</p> <p>Choice C Baked potato with filling of the day</p> <p>Vegetable selection Creamed potatoes Carrot batons Green beans</p> <p>Dessert Homemade syrup sponge & custard made with organic fresh milk Selection of fresh fruit Organic fruit yoghurt</p>	<p>Choice A Meat- Free Homemade mixed pepper pizza</p> <p>Choice B Dahl 50/50 Rice</p> <p>Choice C Baked potato with filling of the day</p> <p>Vegetable selection Chunky chips Sweetcorn Mixed salad bowl</p> <p>Dessert Artic Role</p> <p>Cheese & crackers Selection of fresh fruit Organic fruit yoghurt</p>
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A fresh salad bar is also available daily.



What's For LUNCH?



Menu B
Week 3

Choice A
Homemade savoury minced beef pie

Choice B
MSC cod fish finger

Choice C
Baked potato with filling of the day

Vegetable selection
Creamed potatoes
Carrot batons
Garden peas

Dessert
Homemade shortbread biscuit with milk shake drink
Selection of fresh fruit
Organic fruit yoghurt

Choice A
Homemade meatballs in onion gravy

Choice B
Baguette style pizza

Choice C
Baked potato with filling of the day

Vegetable selection
Homemade herby diced
Medley of vegetables
Baked beans

Dessert
Homemade pineapple upside sponge & custard
Selection of fruit
Organic fruit yoghurt

Choice A
Chicken Pilaff 50/50 rice

Choice B
Oven baked fish

Choice C
Baked potato with filling of the day

Vegetable selection
Creamed potatoes
Sliced carrots
Broccoli

Dessert
Fruity mousse made with organic fresh milk
Selection of fresh fruit
Organic fruit yoghurt

Choice A
roast chicken & stuffing

Choice B
Homemade penne pasta margarita

Choice C
Baked potato with filling of the day

Vegetable selection
Roast & creamed potatoes
Carrots & swede

Garden peas

Dessert
Chocolate and orange sponge with custard made with fresh organic milk
Selection of fresh fruit
Organic fruit yoghurt

Choice A Meat-Free
Vegetarian ravioli & wholemeal crusty cob

Choice B
Homemade cheese & tomato flan

Choice C
Baked potato with filling of the day

Vegetable selection
Chunky chips
Sweetcorn
Mixed salad bowl

Dessert
Fresh fruit salad & ice cream
Cheese & crackers
Selection of fresh fruit
organic fruit yoghurt

A fresh salad bar is also available daily.

